Welcome to CALS Health Professions Advising Center – also known as

Health PAC

If you are interested in pursuing a healthcare career in areas such as medicine, dentistry, optometry, pharmacy, physical therapy, and physician's assistant; then you should join the CALS Health Professions Advising Program available at NC State University. ANY student at NCSU, regardless of their major, can enroll in the Health Professions Advising Center (Health PAC) opportunities.

CALS Health Professions Advising Center

Health PAC

2719 Bostian Hall
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www.cals.ncsu.edu/health_pac

HEALTH PAC
CALS Health Professions Advising Center

Providing health professions advising and mentoring for all NCSU students interested in health care careers

2719 Bostian Hall
Open M – F
9:00 – 3:00
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How Do I Get There?

For many careers, individuals are encouraged to *climb a “ladder of success,”* which usually begins with college and continues with promotions up a “career ladder.”

However, success in the healthcare professions typically requires a broader mix of ethics, commitment to serve, compassion, practical training, and intelligence. The secrets to success are like the growth tree.

Successful applicants may come from a variety of majors, but they generally share several qualities. In addition to their firmly “rooted” desire to improve the human condition, they demonstrate competence in at least four key “branches” of growth during their collegiate career:

1) Academic Achievement  
2) Clinical Experience  
3) Service/Volunteer Experience  
4) Social Growth and Maturity

How Can Health PAC Help?

Available to all students, from freshman through senior year, and those individuals returning to obtain admission credits and post-graduate studies, Health PAC is dedicated to mentoring and assisting students in reaching their healthcare career goals. This support is in addition to the advice provided by Departmental and Program Academic Advisors.

Health PAC provides resources and staff members to assist individuals with healthcare information including specific programs, clinical opportunities, and service work. Health PAC also hosts many helpful programs throughout the academic year. These programs include graduate school visits, financial aid information sessions, and writing workshops. Students are also encouraged to sign up for information and guidance sessions.

Health PAC works in conjunction with CALS Career Services and university groups on programming such as the Medical Networking Night, mock interviews, and information fairs.

Health PAC and its informational components are focused on assisting students interested in pursuing healthcare careers. This is accomplished by *growing* the student’s application portfolio and mentoring them throughout their college career. Health PAC’s goal is to help individuals become competitive for entry into their chosen healthcare career.

What Resources are Available?

**Professional Mentoring and Center Library**

Health PAC director, Dr. Anita Flick, is a graduate of NC State University. She completed her medical degree at UNC School of Medicine, and her PhD work at Wake Forest University in Physiology & Pharmacology. The Center has an extensive library of program information, guidance material, available service opportunities, and more.

**The Health PAC Website**

Visit the Health Pac website at www.cals.ncsu.edu/health_pac for a full array of resources including assorted program information, a calendar of events, workshop reservations, application timelines and testing guidelines.

**Electronic Portfolio/Application Management**

Students and their advisors have access to a complete *portfolio database* to compile, organize, and track their accomplishments and activities for health profession program applications.

**Health Professions Review Committee**

For over 30 years, the committee has reviewed student applications and submitted a university recommendation to their program of choices.

Health PAC strives to provide the highest quality of guidance and mentoring to NCSU students. However, students who participate in the Health PAC program must have the motivation and dedication to actively investigate, utilize and participate in the prescribed program components. With the combined efforts between the student and Health PAC, students will be prepared, confident, and highly competitive to apply for and succeed in their chosen health profession program.